



# 27 HIGHLAND BRUACH NA FRÌTHE

▶ Distance: 9 miles/14.8km ▶ Time: 7-8 hours ▶ Grade: Challenging



## CUILLIN CALLING



**CHOSEN BY...**  
**DAVID MARSH**

The Black Cuillin of Skye is undoubtedly the most spectacular and challenging mountain range in the UK. Bare rock, knife-edge ridges and daunting precipices abound and most of its eleven Munros require scrambling and nerves of steel. Most, but

not all. Bruach na Frithe is the exception and the route from the Sligachan Hotel to the summit of this 958m Munro is for those of us who are more timid souls. It's still a tough proposition, with a long walk in, steep ground and nothing but rock and scree in its upper reaches. But the reward is arguably the finest viewpoint

on the entire ridge. A fine day, with a cloud base well above summits, is essential. The ridge is confusing in fog and compasses are unreliable due to ferromagnetic properties of the rock. →

The Cuillin and Alltdearg House from between points 1 and 2.



PHOTO: DAVID MARSH



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► OS Explorer map 411 ► Buy maps at: [ordnancesurvey.co.uk/shop](http://ordnancesurvey.co.uk/shop)

**1 Start**  
From the hotel walk beside the A863 signed for Dunvegan. After passing the Mountain Rescue Post, take the path L which leads to the Allt Dearg Mor. Don't cross the river by footbridge but instead continue on its N bank until meeting a vehicle track leading to Alltdearg House.

**2 ¾ mile/1.1km**  
Turn L on the track then soon after divert R to skirt around the house. The path soon returns to the banks of the Allt Dearg Mor and follows it upstream, passing many waterfalls and pools.

**3 ¾ miles/4.3km**  
After just over 3km, in the shallow corrie of Coire na Circe, a cairned path leaves the main track to L, and ascends near

the Allt an Fhionn-choire burn into the grassy lower part of Fhionn Choire. Bruach Na Frithe can now be seen at the head of the corrie on R. The path gains height steadily and crosses to L side of the burn.

**4 ¾ miles/6km**  
Although the path now becomes sketchier and difficult to follow, continue up into the rockier upper section of Fhionn Choire, keeping to L side of the corrie as path becomes clearer once more. The final section is on steep, eroded scree but then the Cuillin ridge is gained at the Bealach nan Lice.

**5 ¼ miles/7km**  
Bruach na Frithe's summit lies along the ridge to the W. To reach do not attempt to scramble up the rocky tower of Sgurr a' Fhionn Choire but

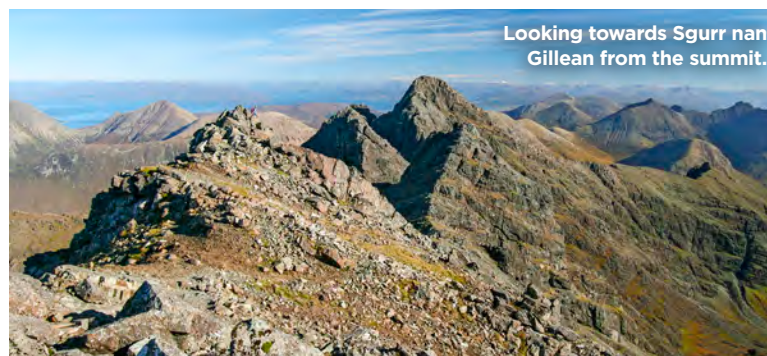
## DON'T MISS...



**The Talisker Distillery tour - the oldest working whisky distillery on the Isle of Skye, in nearby Carbost.**

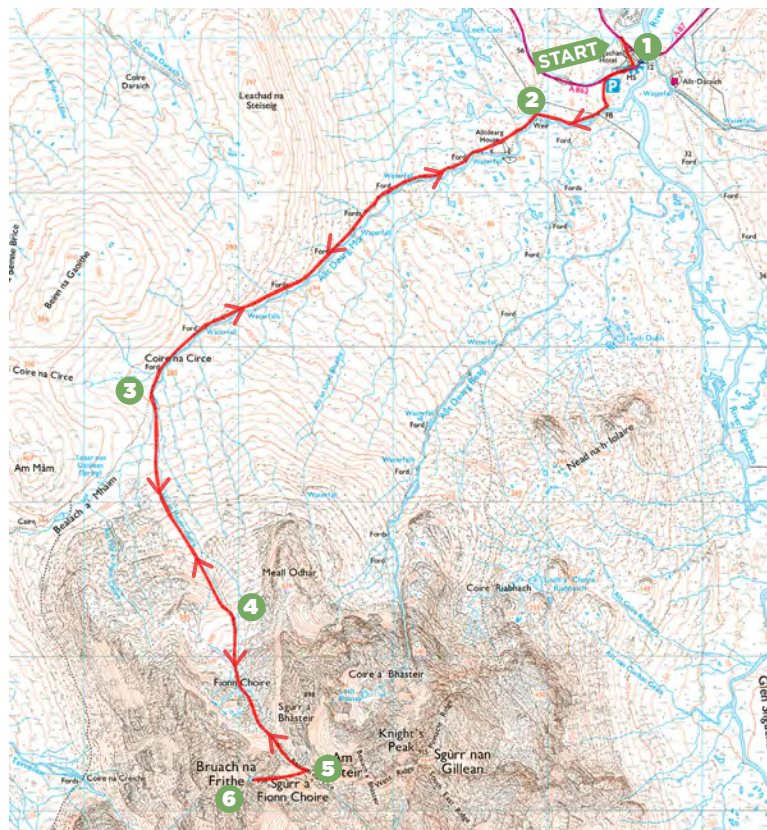
instead take the scree path beneath it. This delivers you back onto the ridge after all the difficulties have been passed. Continue W along the ridge to ascend to the summit, keeping L of the crags to minimise the need for scrambling. Summit is marked by a cylindrical trig point.

**6 ½ miles/7.4km**  
When you can tear yourself away from the stupendous views, return to Sligachan the same way. **CW**



Looking towards Sgurr nan Gillean from the summit.

PHOTO: DAVID MARSH



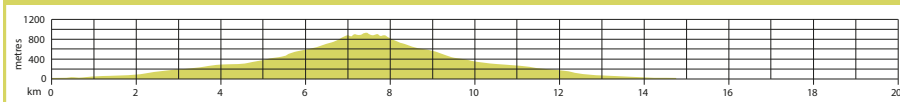
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Sligachan Old Bridge.

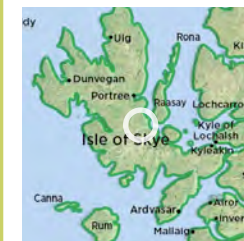


PHOTO: DAVID MARSH

## GRADIENT PROFILE



## PLAN YOUR WALK



### ROUTE

**Start/parking** Sligachan Hotel, grid ref NG485299, postcode IV47 8SW

**Is it for me?** A reasonable, sometimes boggy path for the walk in, with steep scree/bare rock on climb up to and along ridge. Excellent navigation skills essential. Attempt only in clear weather - ridge is extremely confusing in mist

**Stiles** None

### PLANNING

**Nearest town** Portree  
**Refreshments** Sligachan Hotel (01478 650204)  
**Public toilets** None  
**Public transport** Coaches 915/916/917 to Sligachan ([citylink.co.uk](http://citylink.co.uk))  
**Map** OS Explorer 411; Landranger 32; Harvey Superwalker Skye The Cuillin

## VIEW THE WALK ON OS MAPS ONLINE:

[walk100miles.co.uk/cwroutes](http://walk100miles.co.uk/cwroutes)

IN ASSOCIATION WITH



DATE WALKED  
□ □ □ □ □ □ □ □ □ □

TIME TAKEN  
□ □ □ □ □ □ □ □ □ □

YOUR RATING  
○ ○ ○ ○ ○ ○ ○ ○ ○ ○

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