



19 NORTH YORKSHIRE INGLEBOROUGH

▶ Distance: 11¼ miles/18km ▶ Time: 6-7 hours ▶ Grade: Challenging



SEE
FEATURE
ON PAGE 38

Trow Gill.

PHOTO: DAVID MARSH



CHOSEN BY... DAVID MARSH

At 2373 feet

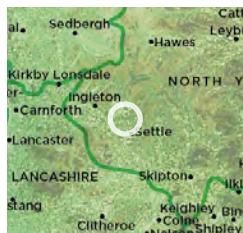
Ingleborough is not the highest of the Yorkshire Three Peaks but it is arguably the most interesting. Its flat-topped summit has traces of Iron Age settlements, fortifications from the time of the Roman occupation and, on its western edge, the ruins of an 1830s grouse shooters' shelter that was destroyed when a rowdy celebration to mark its completion got out of hand. But it's what's beneath, as much as on the surface, that makes Ingleborough special. Geologically, it consists of various shales topped by a millstone grit cap, all of which lies on a huge plinth of

carboniferous limestone. It's this layer of porous limestone that causes Ingleborough's flanks to be riddled with so many potholes, caves and fissures, leading to incredible subterranean worlds. The most famous of these is Gaping Gill where a stream disappears down a terrifying 100m drop, into a chamber so vast it would hold St Paul's Cathedral.

1 Start

Leave car park north via footbridge over the Ribble and turn L to walk on pavement alongside the B6479. As road bends R, continue ahead to train station, crossing tracks via signed public footpath at S end of platform. Pass through three fields using gates on the path

PLAN YOUR WALK



ROUTE

Start/parking Horton in Ribblesdale car park (P&D), grid ref SD808726, postcode BD24 0HF

Is it for me? A long walk but mainly on good engineered or grassy paths

Stiles 2

PLANNING

Nearest town Settle

Refreshments The Crown Hotel, Horton in Ribblesdale (01729 860209)

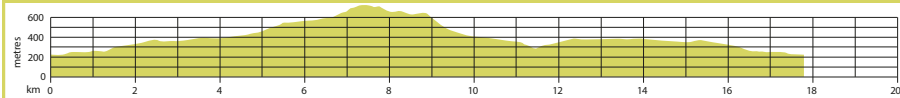
Public toilets Horton in Ribblesdale car park

Public transport DalesBus 11 from Settle (dalesbus.org) Horton in Ribblesdale train station on the Settle-Carlisle line

Maps OS Explorer OL2; Landranger 98; Harvey Superwalker Yorkshire Dales South West

to enter access land where the limestone begins. →

GRADIENT PROFILE



19 NORTH YORKSHIRE
INGLEBOROUGH▶ OS Explorer map OL2 ▶ Buy maps at: ordnancesurvey.co.uk/shop

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DATE WALKED

TIME TAKEN
YOUR RATING

2 $3\frac{1}{4}$ mile/1.4km

Follow path as it climbs through the limestone bands passing through two further gates before a long straight section, along the geological fault of Sulber Nick, before arriving at a crossroads with the Pennine Bridleway, a junction returned to later.

3 2 miles/3.3km

Go straight ahead at crossroads, leaving the limestone behind after passing through gate onto open moorland. Continue up S side of Simon Fell, climbing a wall stile, towards the flat summit plateau. After a steep climb, the connecting ridge between Ingleborough and Simon Fell is reached and a pitched path coming up from the R is joined. Turn L on this to the summit plateau by a cairn. The summit,

with wind shelter and trig point, is 250m WSW across the plateau.

4 $4\frac{1}{2}$ miles/7.3km

Leave summit on N side of plateau, returning to cairn passed previously. Locate and follow path that heads S on the far E side of the plateau, just below the remains of a wall. This joins another coming off the plateau and descends to Little Ingleborough, before a steep descent on a pitched path towards Gaping Gill. Take L fork when path divides to reach it.

5 $6\frac{1}{4}$ miles/10km

Return to main path and head SE through limestone outcrops to two swing gates in the wall. Once over, continue S beside wall to enter and pass through Trow Gill.

6 $7\frac{1}{4}$ miles/11.5km

At bottom of Trow Gill, before gate, turn L into a small dry valley, and climb beside a wall. Follow wall as it turns R and ascends to the Pennine Bridleway coming through a gate on R. Follow bridleway (signed by white acorn on a blue arrow) as it slants uphill to a large cairn on skyline, passing to R of it, and continuing through limestone scenery. 350m after passing through a gate, the crossroads at 3 is reached. Turn R and retrace route to car park. **CW**

VIEW THE WALK ON OS MAPS ONLINE:walk1000miles.co.uk/cwroutes

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