



9 Distance
9km/5½ miles

3 Time
3 hours

1 Grade
Easy

1 Refreshments
1 pub/1 café



Views of St Michael's Mount dominate this Cornish walk.

READ THE FEATURE
ON PAGE 24 MAR '10

This walk is dominated by views of St Michael's Mount which, at times, seems to shimmer above the water in an almost magical fashion. Starting from the quiet hamlet of Ludgvan, we descend gradually to the coast and, on a clear day, appreciate why so many painters decided to settle in Newlyn and Penzance for the sheer quality of the light. Once on the coastal path the sea, Marazion, the Mount and the windsurfers will command your attention. Even when you turn inland the interest is held by a wonderful RSPB nature reserve which is packed with birds.

By Len Banister.

1 Start

Walk along road with church R. At junction turn L down Eglos Road. At sharp L turn, keep forward. Go through gate, continuing through tunnel of vegetation. Climb stile and

cross track; continue diagonally L across field. After next stile keep forward L of field boundary. Continue downhill, ignoring side turnings, to pass farm and forward to join lane. This lane degrades and goes R but you continue forward on L field edge. Cross plank bridge and ford. Cross track to stile to go diagonally L to reach lane.

2 1.6km/1 mile

Turn L. At T-junction go R and follow quiet lane for 1.3km to reach church at Gulval.

3 3km/1¾ miles

Go L at junction and L again; now heading downhill towards sea. At road cross and keep forward past heliport which ferries to Isles of Scilly. Cross A30 by lights and go over bridge.

4 3.8km/2¼ miles

Continue along coastal path, with sea R, for nearly 3km.

PLAN YOUR ROUTE



ROUTE

Is it for me? Three quarters of the route is on surfaced paths or quiet roads. Suitable for all reasonably fit adults and older children

Stiles 12

START/PARKING

Park near the church in Ludgvan, on the B3309, grid ref SW504330

Nearest towns

Penzance and Marazion

Refreshments

Café halfway along coastal path (Point 4). The White Hart, at the start of the walk, is a truly excellent pub

Public toilets

Coastal path section

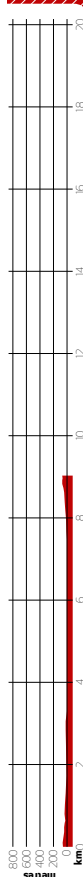
Public transport

Tel: Traveline 0871 200 2233

MAPS

Ordnance Survey Explorer 102; Landranger 203

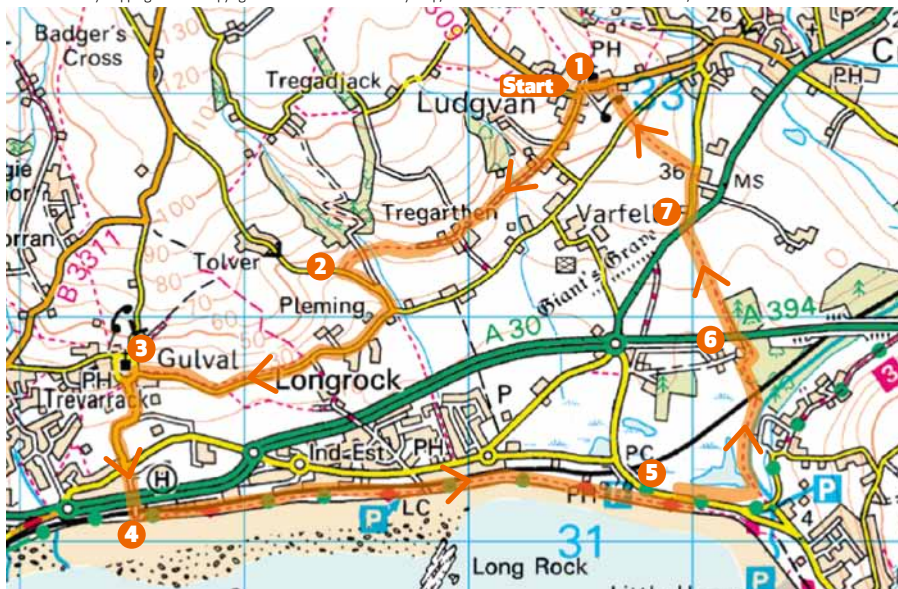
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5 6.1km/3¾ miles

Eventually, raised section of coastal path joins a road. Cross and continue with wetlands L. Look for and go through a gap, L, in wall. Go along wooden fence then turn R on grassy

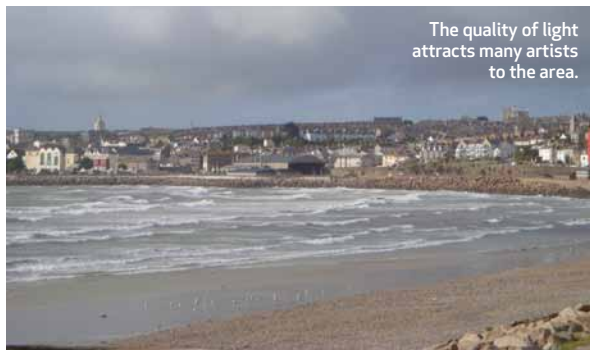
path. With car park R, go L to join waymarked path which winds its way through a bird-infested nature reserve. Cross railway and continue on duckboards. Go through conifers to road.

6 7.4km/4½ miles

Cross, going up steps to join R edge of this and next two fields.

7 8km/5 miles

At road cross diagonally R to minor road signposted 'Ludgvan Leaze'. Turn L opposite the garage, walk along R edge of field. Cross a lane continuing up L field edge. At road turn L to return to car. **Country Walking**



The quality of light attracts many artists to the area.

Route created using
**Memory-Map V5 Southern
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