

17 CUMBRIA KIRKBY LONSDALE

Distance: 6 miles/9.7km Time: 3 hours Grade: Moderate



The River Lune between Points 1 and 2.

PHOTO: DAVID MARSH

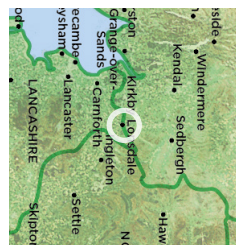


CHOSEN BY... DAVID MARSH

The starting point for this exploration of the rolling countryside surrounding Kirkby Lonsdale, is the 14th-century crossing over the River Lune, known as the Devil's Bridge. Look out for the Devil's handprint on the downstream parapet of the bridge's highest point. Legend has it that an old woman, who kept animals, owned a cow that strayed across the unbridged river and couldn't be lured back. The Devil appeared and offered to build a bridge in exchange for the soul of the first body to cross it. The woman accepted and overnight the Devil built the

bridge, leaving his handprint in the stone. The next morning the woman returned with a dog to meet the Devil to keep her part of the bargain, whereupon she took a bread roll from her pocket and hurled it over the bridge for the dog to chase across. The Devil, having been outwitted, howled in anguish and disappeared over the bridge. Anguish is something you're unlikely to experience on the sublime stretches of this route beside the Lune, and the wonderfully quaint streets of Kirkby Lonsdale. It's here where you might be lured by the sweet smells of The Milking Parlour, which makes artisan ice cream using milk from the family farm.

PLAN YOUR WALK



ROUTE

Start/parking Devil's Bridge Car Park (W), postcode LA6 2AE, grid ref SD614783

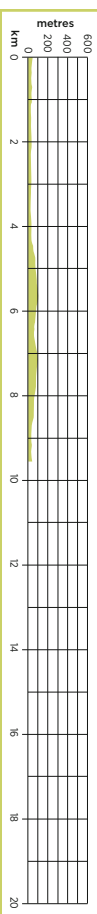
Is it for me? Mostly good grassy paths, tracks and quiet roads but boggy after rain with one short section where footpath follows course of a stream

PLANNING

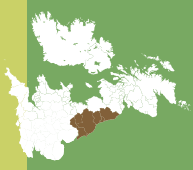
Nearest town Kirkby Lonsdale
Refreshments The Milking Parlour, Jangling Lane (07823 556776)
Public toilets Devil's Bridge Car Park
Public transport Kirkby Lonsdale Coaches - 580, 551, 583 from Settle and Skipton, and 81, 82 from Lancaster
Maps OS Explorer OL2; Landranger 97

1 Start
Walk towards the Devil's

GRADIENT PROFILE

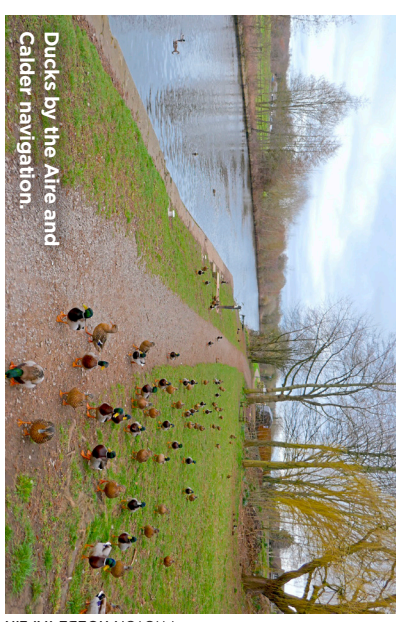


NORTH WEST



18 WEST YORKSHIRE ROTHWELL

Distance: 8 3/4 miles/14km Time: 4 1/2 hours Grade: Moderate



Ducks by the Aire and Calder navigation.

PHOTO: PHOEBE TAPLIN



CHOSEN BY... PHOEBE TAPLIN

In a fruitful corner of West Yorkshire, an enterprising Victorian farmer tried growing winter rhubarb in lofts above cowsheds. You can still buy bright pink stems Jan-March at the Rhubarb Triangle Farm shop, along with all-year cakes, gin and loaves of rhubarb-flavoured bread. This hike follows the Aire and Calder navigation, runs through fields to the farm shop, then back to Rothwell.

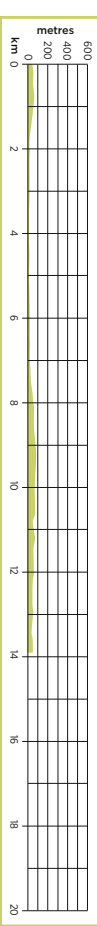
Keep straight into Churchfield Road, turn L up Abraham Hill and R at Rothwell Greenway sign onto wide tarmac path. Cross Haigh Road and keep straight along Styebank Lane. Cross A639 into First Avenue and go through boulders: past Rothwell Country Park.

PLANNING

Nearest town Rothwell
Refreshments Rhubarb Triangle farm shop (0113 2887034). White Swan, Rothwell (0113 2820508)
Public toilets Rhubarb Triangle farm shop
Public transport Regular buses 444/446 Max Leeds-Wakefield stop at Holy Trinity church. Bus 444 stops at farm shop
Maps OS Explorer 289; Landranger 104

3 2 1/2 miles/3.8km
At Woodlesford lock, cross back. Continue under A642. Before Fleet Bridge, follow Trans-Pennine Trail sign R and

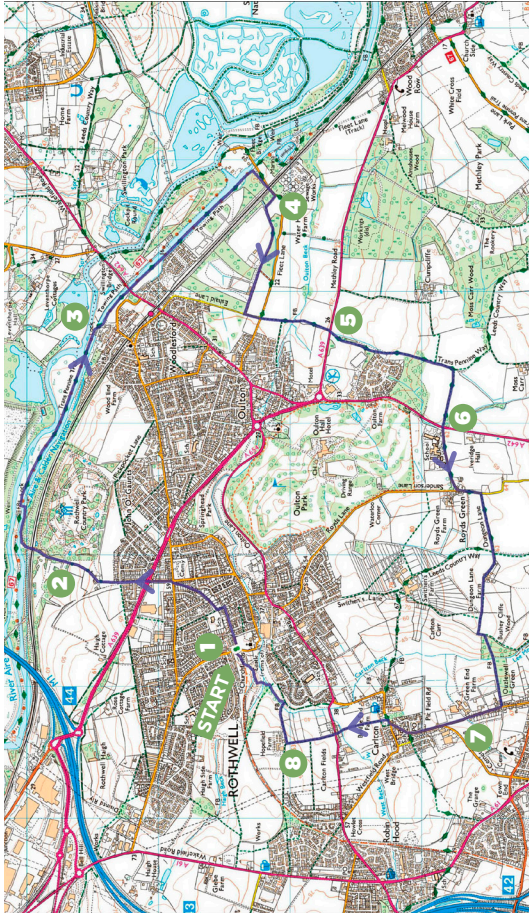
GRADIENT PROFILE



NORTH EAST

18 WEST YORKSHIRE ROTHWELL

OS Explorer map 289 Buy maps at: ordnancesurvey.co.uk/shop



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4 3½ miles/5.5km

Follow path L through small wood. Cross bridges and keep on with fence of football grounds on R. Cross lane and keep straight along footpath. Turn L on Eshald Lane. Cross road and keep straight for ¼ mile on footpath, crossing footbridge and wiggling L and R to continue with trees on R.

5 4½ miles/7.2km

Cross A639 and head towards corner of wood. Keep straight with trees on L into wide path. Carry on along field with hedge on L. At trees, turn L through hedge to continue with trees on R. Follow path through wood and keep going with trees on R into wooded lane. At junction of paths with signpost, turn R, trees on R.

6 5½ miles/9km

Cross A642. Go straight along pavement of Pennington Lane, past Oulton Academy. At junction, turn L on narrower road and R into lane signed Swithen's Farm. Keep straight, through gate into Dungeon Lane Farm. Keep house on L, stay L past farm by fence. Keep straight (fence on R) and continue, following path L near corner of wood. Turn R down path under telegraph poles. Cross footbridge and keep straight, hedge on R. Continue past orchard and turn R on road to farm shop.

7 7 miles/11.2km

Keep on road into Carlton, R past school. Before Unicorn bar, turn L into park and take path far R corner on edge of

field, hedge on R. Follow path between fields. Cross bridge and road ahead. Keep straight up track to Hopefield Farm.

8 8 miles/13km

Before farm, turn R into fenced path. Cross footbridge, climb to grassy field and turn L. Keep L near stream and L across two bridges. Climb hill and turn R near top, joining tarmac path. Follow path to church and bus stop (Car park and pub R downhill). [CW](http://www.cwroutes.co.uk)

VIEW THE WALK ON OS MAPS ONLINE!

walk1000miles.co.uk/cwroutes

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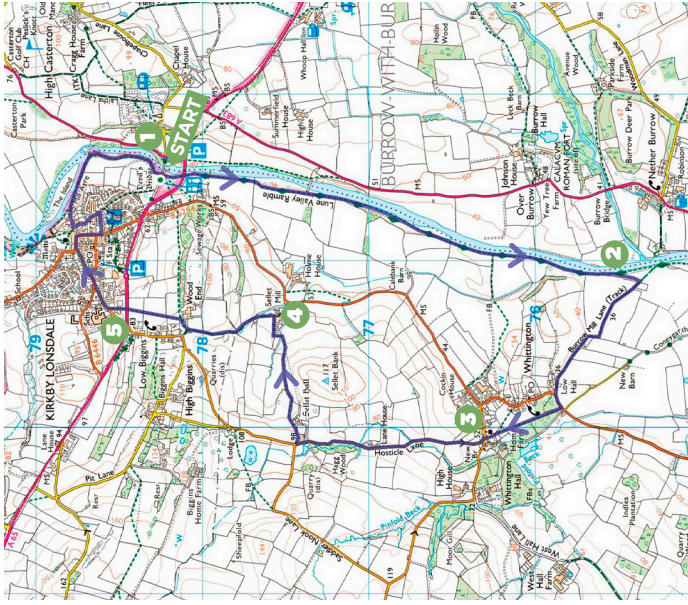
DATE WALKED

TIME TAKEN

YOUR RATING

17 CUMBRIA KIRKBY LONSDALE

OS Explorer map OL2 Buy maps at: ordnancesurvey.co.uk/shop



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Bridge but take footpath R (S) through gap in wall to cross field to gate by the road bridge. Cross the A65 and follow riverside path S, passing through several gates and over several stiles.

2 1¼ miles/3km

After passing a wooden fishing hut on R, bear R away from riverside path to metal gate leading onto track called Burrow Mill Lane. Follow to road. Turn L onto B6254 for 100m then R through wooden gate just before lodge. Pass through small wooded area onto straight, fenced grass path and follow up to graveyard then up to church.

3 2½ miles/4.6km

Exit churchyard onto Church Street, turning L then immediately R onto public road, which looks like a track, called Hosticle Lane. Follow all way up to where it meets Saddler Nook Lane and go over stile on R into field. Keep to R side of field and enter next field via stile. Stay on L side and descend to buildings of Sellet Mill. Before reaching, ford stream to pass through metal gate. Cross field to another metal gate then turn R to exit field by conifers.

4 4 miles/6.6km

Turn L through gate onto brideway, passing old mill pond. Bridleway's path fizzles out but continue through

shallow stream for 50m until path reappears on L. Follow to where it emerges by buildings. Go through wooden gate ahead then bear R to gate in corner of field. Once through, take L fork to cross field into another, then straight across sports pitch to A65. Cross road and walk through school buildings to Biggins Road.

5 4¾ miles/7.8km

Turn R then R again at junction with B6446. New Road. At next junction, bear L onto Mitcheigate and walk down to T-junction with B6254.

Turn R onto Main Street and follow to Market Square, then take Jingling Lane in SE corner. Continue to end then turn L onto Ruskin Drive, going ahead on Horse Market to Mill Brow. Go R to descend to river, then R to follow riverside path back to Devil's Bridge. [CW](http://www.cwroutes.co.uk)

VIEW THE WALK ON OS MAPS ONLINE!

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