

The best of the Peak District in a weekend!

Created to celebrate the 25th birthday of *Country Walking* magazine, the White to Dark is a 27-mile walk through the very best of the Peak District: perfect for a long weekend. It goes from the White Peak to the Dark Peak, showcasing every unique landscape the region has to offer.

The walk starts in Bakewell and runs through Monsal Head, Cressbrook Dale, Litton, Eyam and Hathersage, before heading up onto Stanage Edge and down to Ladybower Reservoir, finally crossing the shapely peak of Win Hill to finish in Hope.

It is the ultimate walking tour of the Peak District – and the pubs, cafés, museums and attractions that make the area so magical...



POINTS OF INTEREST (see map overleaf)

1 BAKEWELL The trail starts in the home of Bakewell tart and Bakewell pudding, wending along the River Wye and up into the stone-walled meadows beyond.

2 MONSAL HEAD Next, follow the Monsal Trail through the newly reopened Headstone Tunnel and emerge at the famed viaduct for staggering views.

3 CRESSBROOK DALE Passing Arkwright's famous mill, the trail climbs into this fine limestone valley, a stunning example of the Peak District's unique geology.

4 LITTON Day 1 ends at this beautiful Peakland village, with its lovely pub, the Red Lion.

5 EYAM Day 2 starts by crossing wildflower meadows to Foolow and Eyam, famed for its fascinating plague history.

6 SIR WILLIAM HILL The trail continues over this wild moorland landscape, with fabulous views over the secluded valley of Bretton Clough.

7 HATHERSAGE Entering the Hope Valley, Day 2 finishes at this popular village, with a wide range of pubs, cafés and attractions to welcome you.

8 STANAGE EDGE On Day 3 the trail passes Little John's Grave and North Lees Hall (which inspired Thornfield Hall in Charlotte Brontë's novel *Jane Eyre*), climbing to the jaw-dropping gritstone escarpment of Stanage Edge for huge views on all sides.

9 LADYBOWER RESERVOIR One of Britain's biggest artificial lakes, Ladybower was used for practice runs by the 'Dambusters' of 617 Squadron.

10 WIN HILL The trail's final climb brings you up through conifer woods to the summit of this shapely peak, with commanding views across the Hope Valley and the Great Ridge.

11 HOPE The trail ends in this pretty village, with plenty of pubs and tearooms to choose from!



Photography: Tom Bailey

Plan your trip

The White to Dark represents a moderately challenging two-day or three-day hike. All paths are clear and obvious, and White to Dark waymarkers will be installed in July 2012.

Terrain ranges from meadows, woods and farmland to wild moorland and gritstone edges. Suitable clothing should be worn, especially good walking boots.

► Full mapping, directions and planning information is available at www.livefortheoutdoors.com/w2d

► To download the route to your GPS or smartphone, visit www.trailzilla.com/w2d



THREE AMAZING DAYS

Day 1: Bakewell to Litton
11.2km/7 miles

Day 2: Litton to Hathersage
15km/9¼ miles

Day 3: Hathersage to Hope
17.7km/11 miles

The White to Dark can be walked using public transport, by basing yourself in Hathersage. Use buses to get to Bakewell and Litton, and to return from Hope at the end of

your walk (timetables at www.hulleys-of-baslow.co.uk). Or taxis can be booked on 07828 122390.

If arriving by car, stay overnight in Bakewell before Day 1 and ask your B&B if you can leave your car there, returning by bus from Hope after Day 3. The easiest option is to walk with a friend, using two cars.

► For more on nearby attractions and accommodation options, visit www.visitpeakdistrict.com

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A new weekend trail linking the greatest landscapes in the Peak District



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HI-TEC INSPIRED BY LIFE



DAY 3:
Hathersage to Hope
(17.7km/11 miles)

DAY 2:
Litton
to Hathersage
(15km/9¼ miles)

DAY 1:
Bakewell to Litton
(11.2km/7 miles)

Key

	400m
	500m
	600m

